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Seth P.D. Hinduja

# SINDHI MODEL SENIOR SECONDARY SCHOOL

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**A Unit of Sindhi Educational Society (Madras)**

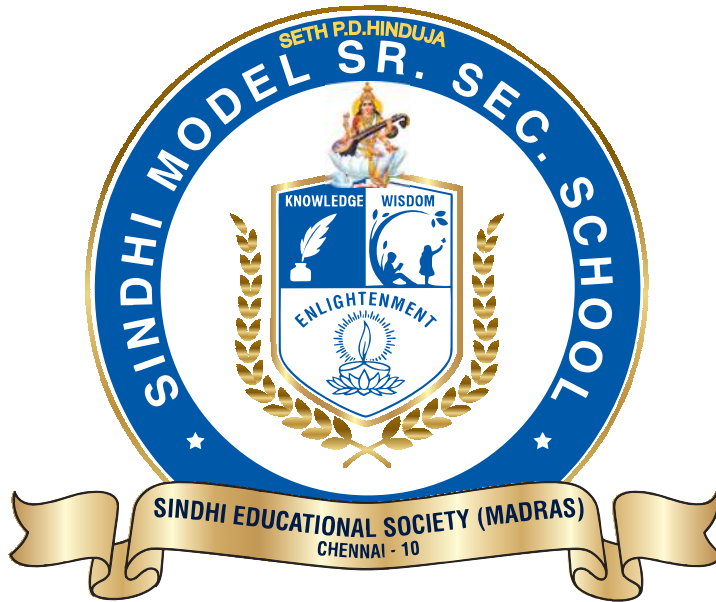
**HAND BOOK  
2024-2025**



NAME \_\_\_\_\_

CLASS & SEC \_\_\_\_\_ Admn No. \_\_\_\_\_

*Carry this hand book every day to school*



## OUR VISION

*Education Crafted To Mould Future Generations*

## OUR MISSION

*Enhancing Today's Learners as  
Tomorrow's Empowered Leaders*



# INDEX

<b>S.No</b>	<b>Particulars</b>	<b>Page No</b>
1.	School Prayer	2
2.	National Pledge	3
3.	National Anthem	4
4.	Shanti Mantras	5
5.	Tamil Thai Vazhthu	6
6.	Vande Mataram	7
7.	School Pledge	8
8.	Shlokas to Recite	9-13
9.	School Management Committee	14
10.	Staff List	15-17
11.	About the School	18
12.	Uniform	19
13.	Parents to Solicit	20
14.	Rules for Attendance	22
15.	Disciplinary Rules	23
16.	Promotion Policy	24
17.	School Fee Details	25
18.	Fee Payment Record	26
19.	Course of Study – Class XI & XII	27
20.	Issue of Transfer Certificate	27
21.	Specimen Signature of Parent	28
22.	Student's Profile	29-34
23.	Declaration	35-38
24.	Surya Namaskar Steps to Follow	39-40
25.	Working Hours	41
26.	Important Days to Remember	42
27.	List of Holidays	43
28.	School Calendar	44-55
29.	Leave Record	56
30.	Out Pass Record	57
31.	Late Attendance Record	58
32.	Parent Teacher Meeting Record	59
33.	Regularities Record	60-61
34.	Achievement Record	62
35.	Leave Application Format	63
36.	Record of Books Read	64-65
37.	Teacher's Remark and Parent's Response	66-69
38.	Home Assignment	70-101
39.	Time Table	102



## School Prayer

गजाननं भूतगणादि सेवितं  
कपित्थ जम्बूफलसार भक्षितम्  
उमासुतं शोक विनाशकारणं  
नमामि विघ्नेश्वर पादपङ्कजम् ॥

या कुन्देन्दुतुषारहारधवला या शुभ्रवस्तावृता  
या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना ।  
या ब्रह्माच्युतशंकरप्रभृतिभिर्देवैः सदा पूजिता  
सा मां पातु सरस्वति भगवती निःशेषजाड्यापहा ॥

त्वमेव माता च पिता त्वमेव ।  
त्वमेव बन्धुश्च सखा त्वमेव ।  
त्वमेव विद्या द्रविणम् त्वमेव ।  
त्वमेव सर्वम् मम देव देव ॥

## Transliteration

Gajānanaṃ bhūtagaṇādi sevitaṃ  
Kapittha jambūphalasāra bhakṣhitam  
Umāsutaṃ shoka vināshakāraṇaṃ  
Namāmi Vighneshwara pādapaṅkajam ||  
Yā kundendutuṣārahāradhawalā yā  
shubhravastrāvṛtā  
Yā vīṇāvaradaṇḍamaṇḍitakarā yā  
shwetapadmāsana |  
Yā brahmāchyutashankaraprabhṛtibhirdevai sadā  
pūjitā  
Sā maṃ pātu Saraswati bhagavatī  
niḥsheshajāḍyāpahā ||  
Tvameva Mātā cha Pitā Tvameva |  
Tvameva Bandhushcha Sakhā Tvameva |  
Tvameva Vidyā Draviṇam Tvameva |  
Tvameva Sarvaṃ mama Deva Deva ||

## Translation

(I Salute) Gajānana (who is Elephant-Faced),  
who is served by the Bhūta Gaṇās  
(Celestial Attendants or Followers) and others.  
Who consumes essence of Kapittha (Wood Apple)  
and Jambū (Rose Apple) fruits,  
Who is the son of Devi Umā (Devi Pārvati)  
and the cause of destruction of sorrows,  
I prostrate at the Lotus-Feet of Vighneshwara  
(the God who removes obstacles).

(I salute Saraswati) who is as pure and white as the  
jasmine flower, the moon and a garland of pearls;  
She, who is adorned with white garments.  
Whose hands are adorned with a vīṇā  
and the boon-giving staff;  
Who is seated on a pure white lotus;  
Who is always adored by  
Lord Brahmā, Lord Achyuta (Lord Vishnu),  
Lord Shaṅkara and other Devas,  
O Goddess Saraswati, Please protect me and remove  
my ignorance completely.

You truly are my Mother and You are my Father.  
You truly are my Relative and You are my Friend.  
You truly are my Knowledge and my Wealth.  
You truly are my Everything, my God of Gods.

## National Pledge

**India is my country. All Indians are my brothers  
and sisters. I love my country, and I am proud of  
its rich and varied heritage. I shall always be  
worthy of it.**

**I shall respect my parents, teachers and  
all elders, and treat everyone with courtesy.  
To my country and my people, I pledge my  
devotion. In their well-being and prosperity  
alone, lies my happiness.**

**JAI HIND !**

## National Anthem

जन गण मन अधिनायक जय हे, भारत भाग्य विधाता।  
पंजाब सिन्ध गुजरात मराठा, द्राविड उत्कल बंग।  
विंध्य हिमाचल यमुना गंगा, उच्छल जलधि तरंग।  
तव शुभ नामे जागे, तव शुभ आशिष मांगे।  
गाहे तव जयगाथा।  
जन गण मंगलदायक जय हे, भारत भाग्य विधाता।  
जय हे, जय हे, जय हे, जय जय जय जय हे ॥

### Transliteration

Jana-gaṇa-mana-adhināyaka jaya he, Bhārata-  
bhāgya-vidhātā  
Panjāba-Sindha-Gujarāta-Marāthā Drāviḍa-Utkala-  
Banga  
Vindhya-Himāchala-Yamunā-Gangā uchchala-  
jaladhi-taranga  
Tava Shubha nāme jāge, tava shubha āshisha  
māge  
Gāhe tava jaya-gāthā.  
Jana-gaṇa-mangala-dāyaka jaya he Bhārata-  
bhāgya-vidhātā.  
Jaya he, Jaya he, Jaya he, jaya jaya jaya jaya he.

### Translation

Thou art the ruler of the minds of all people,  
Dispenser of India's destiny.  
Thy name rouses the hearts of Punjab, Sind, Gujarat  
and Maratha,  
Of the Dravida states (South India), Orissa and  
Bengal;  
It echoes in the hills of the Vindhyas and Himalayas,  
Mingles in the music of the Yamuna and Ganga  
And is chanted by the waves of the Indian Sea.  
We pray for thy blessings and sing thy praise.  
The salvation of all people is in thy hand,  
Thou dispenser of India's destiny.  
Victory, victory, victory to thee.

# Shanti Mantrās

असतोमा सद्गमय ।  
तमसोमा ज्योतिर् गमय ।  
मृत्योर्मा अमृतं गमय ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥  
ॐ पूर्णमदः पूर्णमिदं पूर्णात्पुर्णमुदच्यते  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

## Transliteration

Asato mā sadgamaya  
Tamasomā jyotir gamaya  
Mṛtyormā amṛtam gamaya  
Om shāntiḥ shāntiḥ shāntiḥ ||  
Om pūrṇamadaḥ pūrṇamidam  
pūrṇātpūrṇamudachyate  
Pūrṇasya pūrṇamādāya pūrṇamevāvashishyate ||  
Om shāntiḥ shāntiḥ shāntiḥ ||

## Translation

From ignorance, lead me to truth;  
From darkness, lead me to light;  
From death, lead me to immortality  
Om peace, peace, peace.  
Om, That (Outer World) is Purṇa  
(Full with Divine Consciousness);  
This (Inner World) is also Purṇa  
(Full with Divine Consciousness);  
From Purṇa comes Purṇa  
(From the Fullness of Divine Consciousness,  
the World is manifested) ,  
Taking Purṇa from Purṇa, Purṇa Indeed Remains  
(Because Divine Consciousness is Infinite,  
and nothing but That exists).  
Om Peace, Peace, Peace.



## **தமிழ்த்தாய் வாழ்த்து**

நீராருங் கடலுடுத்த நிலமடந்தைக் கெழிலொழுகும்  
சீராரும் வதனமெனத் திகழ்பரதக் கண்டமிதில்  
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்  
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே!  
அத்திலக வாசனைபோல் அனைத்துலகும் இன்பமுற  
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!  
தமிழணங்கே!  
உன் சீரிளமைத் திறம்வியந்து செயல்மறந்து வாழ்த்துதுமே!  
வாழ்த்துதுமே!  
வாழ்த்துதுமே!

– 'மனோன்மணியம்' பெ. சுந்தரனார்.

### **Transliteration**

Neeraarum Kadaludutha Nilamadhanthai Kezhilozhugum  
Seeraarum Vadhanamena Thigazhbharatha Kandamithil  
Thekkanamum Adhirsirandha Dravidanal Thirunaadum  
Thakkasiru Pirainudhalum Tharitthanarum Thilakamumey  
Atthilaka Vaasanaipol Anaithulagum Inbamura  
Etthisayum Pugazhmanakka Irundhaperum Thamizhanange!  
Thamizhanange !  
Unseerilamai Thiramviyandhu Seyalmarandhu Vazhthudhume!  
Vazhthudhume!  
Vazhthudhume!

### **Translation**

The earth as a lady, wearing the saree called rivers and oceans, having a perfect beautiful face called Bharath kandam (India). The southern land as the forehead of the face. The forehead like a crescent moon, posing a thilakam (bindi) which spreads its fragrance. Like the fragrance of the thilakam you are spreading the fragrance to the entire world. You spread your popularity in all directions. You never get old. You are always youthful. Looking at your fragrance and undying youthfulness everyone praises you.

# Vande Mataram

वन्देमातरं  
सुजलां सुफलां मलयज शीतलां  
सस्य श्यामलां मातरम् ॥ वन्देमातरं ॥  
शुभ्रज्योत्स्ना पुलकितयामिनीं  
पुल्लकुसुमित द्रुमदल शोभिनीं  
सुहासिनीं सुमधुर भाषिणीं  
सुखदां वरदां मातरम् ॥  
वन्देमातरं वन्देमातरं ॥

## Transliteration

Vande Mātaraṃ  
Sujalāṃ suphalāṃ malayaja shītalāṃ  
Sasya shyāmālāṃ mātaram || Vande Mātaraṃ ||  
Shubhrajyotsnā phulakitayāminīṃ  
Pullakusumita drumadala shobhinīṃ  
Suhāsinīṃ sumadhura bhashinīṃ  
Sukhadāṃ varadāṃ mātaram ||  
Vande Mātaraṃ Vande Mātaraṃ ||

## Translation

Mother, I salute thee!  
Rich with thy hurrying streams,  
bright with orchard gleams,  
Cool with thy winds of delight,  
Green fields waving Mother of might,  
Mother free.  
Glory of moonlight dreams,  
Over thy branches and lordly streams,  
Clad in thy blossoming trees,  
Mother, giver of ease  
Laughing low and sweet!  
Mother I kiss thy feet,  
Speaker sweet and low!  
Mother, to thee I bow.

## **SCHOOL PLEDGE**

### **WE THE PUPILS OF SETH P.D. HINDUJA SINDHI MODEL SENIOR SECONDARY SCHOOL DO HEREBY TAKE THE PLEDGE**

That we will always endeavour to keep aloft the flag of our Alma Mater by attaining excellence in the curricular and co-curricular activities of the school.

That we will at all times maintain our conduct, character and discipline, spotless and exemplary in and outside the school.

That we will treat our school Authorities and Teachers always as our Gurus and obey them unreservedly with the utmost reverence and respect, in the class rooms, in the school and outside.

That we will always treat and obey our parents as our Gods on earth.

That we will treat our fellow pupils in the class rooms and in the school as our brothers and sisters and will help them in every way at all times.

That we will at all times be true to our religion as a way of life and will consider it as dearest to our lives.

## Shlokas to Recite

### Monday

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ ।  
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

*Vakra tuṇḍa mahākāya sūrya koṭi samaprabha |  
Nirvighnaṃ kuru me deva sarvakāryeṣu sarvadā ||*

(Salutations to Sri Ganesha,) Who has a curved trunk, who has a large body and whose splendour is like a million suns; O Deva, please make my undertakings free of obstacles, by extending your blessings in all my works, always.

ॐ आप्यायन्तु ममाङ्गानि वाक्प्राणश्चक्षुः  
श्रोत्रमथो बलमिन्द्रियाणि च सर्वाणि ।

सर्वं ब्रह्मोपनिषदम्  
माऽहं ब्रह्म निराकुर्यां मा मा ब्रह्म निराकरोत्  
अनिराकरणमस्तु अनिराकरणं मे अस्तु ।

तदात्मनि निरते य उपनिषत्सु धर्माः  
ते मयि सन्तु ते मयि सन्तु ।

ॐ शान्तिः शान्तिः शान्तिः ॥

*Om Āpyāyantu mamāṅgāni vākprāṇaschakshuḥ  
Shrotramatho balamindriyāṇi cha sarvāṇi |  
Sarvaṃ Brahmopanishadam  
Māham brahma nirākuryāṃ mā mā brahma nirākarot  
Anirākaraṇamastu anirākaraṇam me astu |  
Tadātmani nirate ya upanishatsu dharmāḥ  
Te mayi santu te mayi santu |  
Om Shāntiḥ Shāntiḥ Shāntiḥ ||*

May my limbs, speech, vital air, eyes, ears, strength, and all the senses be fully developed, all that is revealed by the Upanishads is Brahman. May I never deny Brahman, May Brahman never disown me, let there be no repudiation (from Brahman), Let there be no infidelity from my side, May all the dharmas extolled by the Upanishads shine in me, Who am intent on knowing the Self. May they shine in me. Om! Peace! Peace! Peace!



## Tuesday

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।  
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥ BG 2.47 ॥

*Karmaṇyevādhikāraṣṭe mā phaleṣu kadāchana*  
*Mā karma-phala-heturbhūr mā te saṅgo Sstvakarmaṇi*

You have a right to perform your prescribed duties, but you are not entitled to the fruits of your actions. Never consider yourself to be the cause of the results of your activities, nor be attached to inaction.

बुद्धियुक्तो जहातीह उभे सुकृतदुष्कृते ।  
तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम् ॥ BG 2.50 ॥

*Buddhi-yukto jahātiha ubhe sukṛta-duṣkṛte*  
*tasmādyogāya yujyasva yogaḥ karmasu kaushalam*

One who prudently practices the science of work without attachment can get rid of both good and bad reactions in this life itself. Therefore, strive for Yoga (union), which is the art of working skilfully (in proper consciousness).

यदा यदा हि धर्मस्य ग्लानिर्भवति भारत ।  
अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम् ॥ BG 4.7 ॥

*Yadā yadā hi dharmasya glānir bhavati bhārata*  
*abhyutthānam adharmasya tadātmānaṁ sṛjāmyaham*

Whenever there is a decline in righteousness and an increase in unrighteousness, O Arjuna, at that time I manifest Myself on earth.

परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।  
धर्मसंस्थापनार्थाय सम्भवामि युगे युगे ॥ BG 4.8 ॥

*Paritrāṇāya sādūnāṁ vināshāya cha duṣkṛtām*  
*dharma-samsthāpanārthāya sambhavāmi yuge yuge*

To protect the righteous, to annihilate the wicked, and to re-establish the principles of dharma, I appear on this earth, age after age.

## Wednesday

विश्वं विष्णुर्वषट्कारो भूतभव्यभवत्प्रभुः ।  
भूतकृद्भूतभृद्भावो भूतात्मा भूतभावनः ॥ १ ॥

*Vishvaṁ viṣṇurvaṣatkāro bhūta-bhavya-bhavat-prabhuḥ  
bhūta-kṛt bhūta-bhr̥dbhāvo bhūtātmā bhūta bhāvanah ||1||*

पूतात्मा परमात्मा च मुक्तानां परमा गतिः ।  
अव्ययः पुरुषः साक्षी क्षेत्रज्ञोऽक्षर एव च ॥ २ ॥

*Pūtātmā paramātmā cha muktānāṁ paramā gatiḥ  
avyayaḥ puruṣah sākshī kshetrajñōkshara eva cha ||2||*

योगो योगविदां नेता प्रधानपुरुषेश्वरः ।  
नारसिंहवपुः श्रीमान् केशवः पुरुषोत्तमः ॥ ३ ॥

*Yogo yogavidāṁ netā pradhānapuruṣeshvaraḥ  
nārasimhavaṣuḥ shrīmān keshavaḥ puruṣhottamaḥ ||3||*

सर्वः शर्वः शिवः स्थाणुभूतादिर्निधिरव्ययः ।  
सम्भवो भावनो भर्ता प्रभवः प्रभुरीश्वरः ॥ ४ ॥

*Sarvaḥ sharvaḥ shivaḥ sthāṇurbhūtādirnidhiravyayaḥ  
sambhavo bhāvano bhartā prabhavaḥ prabhurīshvaraḥ ||4||*

स्वयम्भुः शम्भुरादित्यः पुष्कराक्षो महास्वनः ।  
अनादिनिधनो धाता विधाता धातुरुत्तमः ॥ ५ ॥

*Svayambhūḥ shambhurādityaḥ puṣkarākṣo mahāsvanaḥ  
anādinidhano dhātā vidhātā dhāturuttamaḥ ||5||*

श्रीराम राम रामेति रमे रामे मनोरमे ।  
सहस्रनाम तत्तुल्यं राम नाम वरानने ॥

*Shrīrāma rāma rāmeti rame rāme manorame  
sahasranāma tattulyaṁ rāma nāma varānane ||*

## Thursday

शंकरं शंकराचार्यं केशवं बादरायणम् ।  
सूत्र भाष्य कृतौ वन्दे भगवन्तौ पुनः पुनः ॥

*Shaṅkaraṁ shaṅkarāchāryaṁ keshavaṁ bādarāyaṇam |  
sūtra bhāshya kṛtau vande bhagavantau punaḥ punaḥ ||*

Salutations again and again to Lord Shiva in the form of Sri Sankaracharya and Lord Vishnu in the form of Veda Vyasa, who were the authors of sutra and bhashya.

ईश्वरो गुरुरात्मेति मूर्तिभेदविभागिने ।  
व्योमवद् व्याप्तदेहाय दक्षिणामूर्तये नमः ॥

*Īshvaro gururātmeti mūrtibheda vibhāgine |  
vyomavad vyāptadehāya dakṣhiṇāmūrtaye namaḥ ||*

Salutations to Lord Dakshinamurti, who is all-pervasive like space but who appears (as though) divided as Lord, Guru, and the Self.

ॐ सह नाववतु ।  
सह नौ भुनक्तु ।  
सह वीर्यं करवावहै ।  
तेजस्वि नावधीतमस्तु मा विद्विषावहै ।  
ॐ शान्तिः शान्तिः शान्तिः ॥

*Om saha nāvavatu  
saha nau bhunaktu  
saha vīryaṁ karavāvahai  
tejasvi nāvadhītamastu mā vidviṣāvahai  
om shāntiḥ shāntiḥ shāntiḥ*

May he (the Lord) protect both of us. May he nourish both of us (with knowledge). May both of us make effort for the capacity (for knowledge to take place). May what be studied by us, be brilliantly clear. Let us not have any misunderstanding. Let there be freedom from three possible obstacles (the forces over which we have no control, adhidaivika; from the beings around us, adhibhautika; or from factors centred on ourselves, adhyatmika.)

## Friday

सिन्दूरारुणविग्रहां त्रिनयनां माणिक्यमौलिस्फुरत्  
तारानायकशेखरां स्मितमुखीमापीनवक्षोरुहाम् ।  
पाणिभ्यामलिपूर्णरत्नचषकं रक्तोत्पलं बिभ्रतीं  
सौम्यां रत्नघटस्थरक्तचरणां ध्यायेत्परामम्बिकाम् ॥

*Sindūrāruṇavigrahāṁ trinayanāṁ māṅikyamaulisphurat  
Tārānāyakashekharāṁ smitamukhīmāpīnavakshoruhām |  
Pāṇibhyāmalipūrṇaratnachashakam raktotpalam bibhratīm  
saumyam ratnaghaṭastharaktacharaṇāṁ dhyāyetparāmambikām ||*

The Divine mother is to be meditated upon as shining in a vermilion-red body, with three eyes, sporting a crown of rubies studded with the crescent moon, a face all smiles, a splendid bust, one hand holding a jewel-cup brimming with mead, and the other twirling a red lotus.

सरस्वति नमस्तुभ्यं वरदे कामरूपिणि ।  
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥

*Saraswati namastubhyam varade kāma rūpiṇi |  
Vidyārambham karishyāmi siddhirbhavatu me sadā ||*

Salutations to Devi Saraswati, Who is the giver of boons and fulfiller of wishes, O Devi, when I begin my studies, please bestow on me the capacity of Right Understanding, always.

नमस्तेऽस्तु महामाये श्रीपीठे सुरपूजिते ।  
शङ्खचक्रगदाहस्ते महालक्ष्मि नमोऽस्तुते ॥

*Namaste Sstu mahāmāye shrīpīṭhe surapūjite |  
Shankhachakragadāhaste mahālakshmi namostute ||*

O Mahamaya (the Primordial Cause of Creation); Who Abides in Sri Pīṭha (Her Transcendental Abode) and is Worshipped by the Suras... O Devi Mahalakshmi, Who holds Shankha (Conch), Chakra (Discus) and Gada (Mace) in her Hands, Reverential Salutations to You.



## **SCHOOL MANAGEMENT COMMITTEE**

**Shri Nandlal Pokardas**

**Chairman Emeritus**

**Shri Rajalal Nichani**

**Chairman**

**Shri Daneshkumar N. Chhabria**

**Hon. Secretary**

**Shri Srichand Chhabria**

**Hon. Treasurer**

**Shri J.C. Prakash**

**Member**

**Smt. Victoria. D**

**Principal**

**Seth P.D.Hinduja**  
**SINDHI MODEL SENIOR SECONDARY SCHOOL**  
1, Damodaran Street, Kellys, Chennai - 600 010.

**MEMBERS OF THE STAFF 2024-2025**

S.No.	Name of the Staff	Qualification
1	Smt. Victoria D - PRINCIPAL	B.Sc., M.A., B.Ed., PGDCA.,
2	Smt. Padma A - Vice Principal	M.A., B.Ed.,
3	Smt. Latha Balaji	M.Sc., B.Ed.
4	Smt. Mala N.	B.Com. B.Ed., M.C.A.,
5	Smt. Shanthi Baskar	M.A., B. Ed.,
6	Smt. Mary Jam Shammi. T. A	M.Sc., B.Ed.,
7	Smt. Neela Jayasankar	M.Com., B.Ed.
8	Shri Jawahar K M R	B.A., B.PEd.,
9	Smt. Nalini V	B.A., B.Ed.,
10	Miss. Sunitha Mishra	M.A., B.Ed.,
11	Smt. Pennarasi A	M.Com., B.Ed., PGDCA.,
12	Smt. Kanchana Ravichandran	M.Com., PGDECE., DPTT.,
13	Smt. Malaty Vinayakumar	M.Sc., B.Ed.,
14	Smt. Porkodi Bhaskar	M.Sc., B.Ed., M.A., PGDCA.,
15	Smt. Sunitha Ajit S	M.A. B.Ed., M.Phil.,
16	Smt. Rexilin Sobia S	B.P.E.S. B.P.Ed.,
17	Smt. Abirami T	M.A., B.Ed.,
18	Smt. Padmavathy R	B.Sc., B.Ed., D C S.,
19	Smt. Sumathy R. S	B.Com., Dip in Mont.,
20	Miss. Saraswathy G	B.Sc., B.Ed.,
21	Smt. Swapna B	B.A., PGDECE.,
22	Smt. Visalakshi J	M.Com., B.Ed.,
23	Shri. Vijay Gnanasekar S	B.B.A., DFA.,
24	Smt. Indira Nachiyar. A	B.Sc., M.B.A., B.Ed.,
25	Smt. R. Bhuvaneswari	B.Sc.,D.T.Ed., M.C.A., B.LIS
26	Smt. Revathi. M	M.A. B.Ed., HDCA.,
27	Smt. Radha. S	B.C.S. M.B.A.,
28	Miss. Bharathi. Y	B.Sc. B.Ed.,

S.No.	Name of the Staff	Qualification
29	Smt. Anjana Karnawat	M.A. B.Ed.,
30	Smt. Praveena. K	M.Sc., B.Ed., M.Phil.,
31	Smt. Janci Rani. S	B.A., B.Ed.,
32	Smt. Sabitha Dayanandam	M.Sc., M.Phil., PGDECE., B.Ed.,
33	Shri. Dinesh. N	B.E., M. Tech., B.Ed.,
34	Smt. Ashwini V.	B.E., B.Ed.,
35	Smt. A Saradha	M.C.A.,M.Sc., B.Ed.,
36	Smt. Samyuktha	M.Sc., B.Ed.,
37	Miss. Anu Grace Sam	M.Com., B.Ed.,
38	Miss. Kalpana K	M.Sc., B.Ed.,
39	Smt. Griji. K	B.Com., M.B.A., PGDECE
40	Shri. Venkadesh Kumar M	M.Sc., M.Ed.,
41	Smt. Selvi T	B.Sc., B.Ed., M.B.A.,
42	Smt. Sagunthala A	M.A., B.Ed.,
43	Smt. Sujitha Suresh	M.Sc., B.Ed.,
44	Smt. Indhu Priya	DMTT, DMT.,
45	Smt. Sonia M	M.A., M.Phil., B.Ed.,
46	Shri. Sajan T	B.A., B.P.Ed.,
47	Smt. Suganthi R	B.Sc. DMT
48	Smt. Sai Arpitha S	M.Sc., M.Phil., B.Ed.,
49	Smt. Pooja S	BBM
50	Smt. Shanmugapriya S	M.A., B.Ed.,
51	Smt. Priyadharshini A	B.Com.,
52	Shri. Dinesh Kumar N	B.Sc., B.P.Ed.,
53	Smt. Yogeetha D	B.Sc., B.Ed.,
54	Smt. Jay Sneha R	MCA.,M.Sc., B.Ed.,
55	Smt. Priyadharshini R .	M.Sc., B.Ed.,
56	Smt. Aparna Kavikondala	M.Sc., B.Ed.,
57	Smt. Jyostna Devi V	M.Com.,
58	Smt. Manoj David	B.E., B.Ed.,
59	Smt. Deepika Suresh	M.Com., B.Ed.,
60	Smt. Bavani A	B.A., B.Ed.,
61	Miss. Aaysha A R	B.A., B.Ed.,
62	Smt Hemalatha G	B.A., B.Ed.,
63	Miss. Blessy K	M.Sc. B.Ed.,

S.No.	Name of the Staff	Qualification
64	Miss. Chandasi B	B.A., PGDECE
65	Smt. Brundha N	B.C.A., B.Ed., HDCA
66	Miss. Geetha Varshini S	B.SC., DFA.,
67	Miss. Nivetha R	M A., B.Ed.,
68	Smt. Rahini R	B.Com., PGDMPPT.,
69	Miss. Namitha N	B.B.A., PGMTNTT.,
70	Miss. Rohitha Lakshmi K	B.A., B.Ed.,
71	Smt. Suganthi Johnson	B.Sc., M.A., B.Ed.,
72	Smt. Archana Kapnadak	M.A., B.Ed.,
73	B N Shoba Vijayakumar	M.Com. D.C.A
74	S Anuradha Ganesh Kumar	BBM., PGDCA.,
75	Sathesh S	B.E.,

S.No.	Support Staff	S.No.	Support Staff
1	Suresh J	13	Rani
2	Rajam M	14	Chinnaponnu
3	Lakshmi Lavanya	15	Manamma
4	Devaki C	16	Ambika
5	Vadivelan R	17	Lurthu Mary S
6	Janaki B	18	Latha
7	Shanthi D	19	Prema
8	Arjunan S	20	S Dhanalakshmi
9	Yogesh Kumar G	21	Sivaranjani S
10	Muniyamma	22	Devi K
11	Balanayagi R	23	Mageshwari
12	Manjula E	24	Minnala R

**Seth P.D. Hinduja**  
**SINDHI MODEL SENIOR SECONDARY SCHOOL**

Kellys, Chennai - 600 010.

**ORIGIN AND MISSION OF SCHOOL- FOUNDATION FOR LIFE**

**Seth P.D. Hinduja Sindhi Model Senior Secondary School** was established in the year 1975 with the vision to bring about a good society in which all human beings can live happily. The school was inaugurated in the same year of establishment by The Honourable former Governor of Tamil Nadu Late Shri K.K.Shah. Beginning with 42 children in Nursery and Primary section, now the school has more than 2000 children with 100 teaching staff members. As we celebrate our **50** years of educational excellence, we at Seth P D Hinduja Sindhi Model Senior Secondary School believe that education goes beyond the transmission of facts; it is about nurturing curious minds, fostering critical thinking, and instilling a lifelong love for learning. Education is not merely a matter of imparting knowledge; it is the cultivation of an enquiring mind. Our commitment to excellence stems from our understanding that education is the cornerstone of every culture, shaping the future of our society.

Education is the manifestation of perfection already existing in man. We believe in fostering an environment where each child's potential flourishes, preparing them to navigate the complexities of tomorrow's world with confidence and compassion. Our vision is to sculpt education that seamlessly intertwines future generations while empowering today's learners to become tomorrow's leaders. Through our curriculum, we prioritize socio-emotional learning, nurturing traits essential for holistic growth and leadership. The empires of the future are the empires of the mind.

As we embark on this milestone journey, we are reminded of our responsibility to empower the future leaders of tomorrow. Through innovative teaching methods, we inspire creativity, encourage independent thought, and cultivate a positive chain of thinking among our students. We strive to create a nurturing environment where students can flourish academically, socially, and emotionally, preparing them for success in all spheres of life.

As we look back on our rich history and forward to a promising future, we remain dedicated to nurturing the minds and spirits of our students. Together, let us continue to pave the way for generations of successful individuals, shaping a world where knowledge, integrity, and compassion reign supreme. Here's to **50** years of excellence, and to many more ahead.

विद्या सर्वस्य भूषणम्।

## **UNIFORM – 2024-25**

### **NURSERY (PRE- KG,LKG,UKG)**

**Boys :** Red and maroon checked Shorts from waist (**Suiting- SU 10001 Twill Material**) with straight side pockets. Cream colour shirt with half sleeves bordered with red and maroon checked patti. Cream colour pointed collar and a pocket on the left hand side with a monogram on it (**Shirting SU-40 spun**)

**Girls :** Red and maroon checked frock upto knee level with half sleeves, cream colour patti at the folded end of the sleeves. Cream color piping at the neckline and cream colour patti at the waist as well as at the folding end of the frock (**Shirting Su-40 spun-Patti**). A monogram to be stitched on the left hand side of the frock. (**Suiting- SU 10001 Twill Material**)

### **Classes I TO V**

**Boys :** White and grey checked shirt (Shirting SU 8050)with half sleeves and a pointed collar, a pocket on the left hand side with a monogram stitched on it. Grey colour shorts from the waist with straight side pockets (**Suiting-SU-359 – Half pant**)

**Girls :** White and grey checked shirt(Shirting SU 8050) with half sleeves and a pointed collar. Grey colour pinafore with box pleat and side open, length upto the knees with a Monogram stitched on the left side of the pinafore. (**Suiting-SU- 359 – Pinafore**)

### **Classes VI to XII**

**Boys :** White and grey checked shirt (**Shirting SU 8050**) with half sleeves and a pointed collar, a pocket on the left hand side with a monogram stitched on it. Grey colour full pant from the waist with straight side pockets (**Suiting-SU-359 – Full pant**)

**Girls :** White and grey checked Kameez (**Shirting SU 8050- kameez**) with round neck and half sleeves. Grey Salwar and Grey over coat with V- neck in the front and V- cut at the bottom line of the coat, with a monogram stitched on the left side of the coat. (**Suiting-SU-359 – Salwar and Coat**)

## **HOUSE COLOUR T-SHIRTS & TRACK PANTS**

House colour T-Shirts & Track pants to be worn on all Mondays.

### **Common for all :**

1. Black shoes, black socks for all classes from PRE-KG. to class XII.
2. Belt with School Emblem for Classes I to XII Boys & for Classes I to V Girls.
3. Hairstyle for Girls: Hair bands with two plaits and center partition.

**Note :** Children are expected to come to school only in school uniform on all days including BIRTH DAYS.

## PARENTS TO SOLICIT

1. Education is a joint responsibility. The parents and teachers have to coordinate their efforts in order to groom children to build up their behaviour and maintain discipline. Parent's involvement is an important component for a student's achievement. We look forward to a productive partnership with you to ensure our students achieve their highest potential.
2. Parents/guardians will kindly look into the student's Handbook every day and ensure that the lessons prescribed and the homework assigned are promptly done. The remarks made in the Handbook should be seen and signature affixed in the acknowledgement sheet. They will also ensure that the pupils make special efforts to study the subjects in which they are weak. Pupils should be encouraged to cultivate habits of neatness, self help and systematic work.
3. Parents will **note that private tuition is not allowed by the School Teachers.** But if under **extra- ordinary circumstances** a need for it is felt, it should be arranged only with the approval of the School Authorities in the best interest of the child. The parents can seek the help of the Principal to enroll the child in the special classes being conducted in the school after the school hours.
4. In case parents need to meet their wards during school working hours, permission from Principal must be obtained.
5. Pupils will not be admitted if they are found having any communicable diseases or having suffered from one and not free from infection.
6. **Lunch:** Parents are requested to send packed lunch through their wards. In case lunch is sent later, labeled lunch bags have to be handed over to the security before 12 noon. Parents will not be allowed inside during lunch hours for security reasons.
7. **Dispersal :** The School gates will be opened to parents and escorts of students of class I and II at 2.30 p.m. and for students of classes III to XII at 3.10 p.m. **Parents are requested to make necessary arrangements to take their wards immediately after school hours. The school authorities are not responsible for the students who stay back on their own-will after the school hours.**
8. **School Traffic Policy:**  
Standard instruction for Entry and Exit, during Morning and Evening :
  - a. **Gate 1 :** Entry and Exit exclusively for students by walk
  - b. **Gate 2 :** Entry and Exit for the students by vehicles.**c. Note :** Exit of the vehicles only through Damodran Street.
9. Drivers of private transport are not allowed to enter the school premises.



10. However, parents/guardians/drivers belonging to classes Pre-KG-II must enter the premises as per scheduled timings. Also, they must produce pick up cards while upon arrival. We request parents to be very cautious and co-operative in this regard for the safety of the students.
11. Parents are requested to promptly inform the Administrative Office of any change of address or contact numbers to **wecare@sindhimodel.in**
12. If the student has to leave early during working hours, Parents must meet the principal in person and seek permission for the same. A student will not be sent home with brothers, sisters, relatives or others even if they are known to the school authorities. Students are not permitted to take half a day leave. Out pass will be issued only on genuine grounds.
13. Parents should not give money to children as this would tempt them to buy things from hawkers. **Wearing of gold jewellery and other fancy accessories is not allowed. The school will not be responsible for any loss or other incidents that may happen in this respect.**
14. Exchange of money and other transactions are not allowed between students.
15. Students' learning across disciplines is recorded in an intuitive way. Parents are requested to attend all Parent Teacher Meeting arranged by the school to discuss their ward's academic progress and behavioural aspects.
16. Pupils shall greet one another and all elders with the traditional "Namaste", and their behaviour towards them shall be marked with respect and obedience.
17. When a call goes to the parent or guardian in connection with his/her ward's work or conduct in the school through the pupil He/She will respond to it immediately in the interest of the pupil.
18. Parents will kindly note that the Annual Promotions are decided after careful deliberations at the Annual Promotion Meeting. The results are final and cannot be altered under any circumstances.
19. The parents are requested to follow the visiting hours given below to discuss the progress, behaviour and other problems of their children.

Classes	Day	Timings
Nursery to V	1 <sup>st</sup> Saturday of every month	9.00 am to 10.00 am
VI to XII	1 <sup>st</sup> Saturday of every month	1.00 pm to 2.00 pm

20. In case the parent would like to meet the Principal

**FOR STRICT ADHERENCE**

Mon to Fri	3:00 p.m. to 3:30 p.m.
Saturday	9:00 a.m. to 10:00 a.m.

**RULES FOR ATTENDANCE**

*(To be carefully noted by parents)*

1. No pupil shall absent himself/herself without prior permission except in the case of unforeseen circumstances. In such cases application for leave shall be sent to the Class Teacher so as to reach the school office preferably by the afternoon or latest by next day.
2. Application for leave of absence shall be made on behalf of the pupil by his/her parent or guardian and addressed to the Class Teacher for a period not exceeding two days and to the Principal for more than two days.
3. Principal will grant leave only up to 3 days and as a special case for a further period of 3 days for unforeseen circumstances with a total maximum of 6 days.
4. On medical grounds, the Principal may grant leave subject to receiving intimation from parent immediately and on the production of a valid doctor's certificate, when re-joining. In case the medical leave is required for more than 10 days, the letter along with medical certificate should be addressed to the Principal.
5. In case of unauthorized absence, **fine** must be paid as per the discretion of the authorities.
6. In case of **unauthorized absence**, beyond two weeks the name of the student will be removed from the rolls without any reference made to the parents.
7. The Principal may refuse re-admission for a student whose name has been removed from the rolls without assigning any reason and his / her decision will be final. However, the Principal reserves the discretion to re-admit the Child as a special case on payment of ₹ 4000/- as Re-admission fees.
8. If a student is absent at the time of re-opening after the summer vacation or term vacations, it will be viewed very seriously.
9. Every pupil shall attend school for not less than 80% of the working days in each year. Any breach of this rule may disqualify a pupil from being promoted to the higher class. **Long leave on account of marriages or any social functions will not be entertained.**

10. No student should **absent himself or herself for any school function. The breach of this rule will be viewed very seriously.**
11. LATE COMING: School gates **will be closed at 8.05 a.m. and students coming late will not be allowed into school.** In case of latecoming, parents are requested to take back their wards immediately as the school authorities will not be responsible for their safety.
12. Please note that you will receive notification by message when your ward is absent.

### **DISCIPLINARY RULES**

1. Pupils should come to School well in time for the morning assembly by 8.15 am. at the latest every day. They should not be at **school earlier than 8.00 am.**
2. The Students should wear a clean set of school uniform. Students should be neatly groomed at all times. Pupils found with uncombed and long hair, dirty finger nails, etc., will not be allowed in to the school.
3. The classrooms and the School premises in general should be kept neat and tidy. Scribbling on the walls, damaging furniture and fixtures, etc., are strictly forbidden. If pupils tamper with or break any furniture/ fitting in the school, they will have to reimburse the school in cash which includes cost and labour charges. Strict disciplinary action will be taken in adieu of the same.
4. English is encouraged to be spoken in the school premises. Students are expected to be polite and contribute to the standards of the school by his/her proper behaviour and conduct.
5. If a student is found in possession of **Video Games, Calculators, Cell Phones, etc., it will be confiscated and given back at the end of the year. Disciplinary action will also be taken against such pupils.**
6. Perfect discipline must prevail during assembly and at all School functions.
7. **The pupil should always move in an orderly manner and proceed in single line, maintaining silence.**
8. No pupil shall enter or leave the class without permission when the lessons or other work is in progress. Those found contravening this rule will be dealt with severely.
9. Every pupil must take part in the school games and other activities unless physically unfit or exempted by the Principal.
10. **Absenting in an examination is a serious offence. No arrangement will be made for holding Re-examination for absentees.**
11. Whitener should not be brought to school.

12. If any student is found copying in any examination, he/she will be debarred from attending further examinations.
13. No pupil shall enroll themselves at any Tutorial Institution to appear for any examination or competition conducted by other agencies without the written permission of the Principal.
14. No pupil of this school shall be a member of any political organization or take part in any activity not connected with the school. Similarly, no pupil of the school shall collect funds or pay or buy tickets, etc., for external organizations or any function. Such pupils are likely to be expelled from the School.
15. The school reserves the right to expel a pupil on grounds of serious irregularity of attendance, disobedience, malpractice at examination or any other act of indiscipline or misconduct in the school in order to maintain the fair name of the school. Decision of the School authorities in this regard will be final.
16. **In the common academic interest of the students, the parents are requested to follow all the rules and regulations of the school.**

#### **PROMOTION POLICY**

1. For the purpose of Promotion, the performance of the pupils in all the Examinations will be taken into consideration
2. A pupil should have completed at least 80% attendance out of the total number of working days to become eligible for promotion.
3. If the pupil has been absent for major examinations namely, Quarterly / Half- Yearly and Model Examination excepting on grounds of prolonged illness or sudden accident supported by a valid Medical Certificate to the satisfaction of the School Authorities, the pupil will not be allowed to appear for the Annual Examination.
4. Cumulative marks of the child obtained in the whole academic year will be taken into consideration for Promotion on the following basis:

<b>10% of</b> Mid Term	}	<b>Total = 100 Marks</b>
<b>10% of</b> Quarterly		
<b>30% of</b> Half Yearly		
<b>50% of</b> Annual		

The pupil who gets not less than

- (i) **40%** in each of the subjects, gets a clear pass in classes I to VIII
- (ii) **33%** in each of the subjects get a clear pass in class IX & XI

- a. The pupil who fails in **only one subject** of the 5 also passes provided he gets not less than
- (i) 35% in classes I to VIII
- (ii) 30% in class IX and XI
- b. The pupil who fails in more **than one subject has to write re-exam.**
5. a. Pupils who have not appeared for the Annual Promotion Examination for any reason other than prolonged illness or sudden accident will not be considered for Promotion.
- b. In case of prolonged illness or sudden accident a valid Medical Certificate should be produced to the satisfaction of the school authorities. In such cases the pupil's subject average in the Quarterly Half-yearly and Model Examinations held earlier will be considered for promotion.
6. A pupil found guilty of malpractice or misconduct in the Examination will be disqualified for promotion. However the decision of the School authorities will be final in all the above matters.
7. All decisions taken in respect of promotions shall be final in all aspects.
8. Results of children not covered by the above clauses and treated as "Special Cases" is left to the discretion of Academic Council of the school.

## SCHOOL FEES

The School year is divided into three terms. Online fee payment facility is provided. For more details visit: [www.sindhimodel.in](http://www.sindhimodel.in)

### FEE STRUCTURE 2024-2025

Particulars of Fees	Pre-KG ₹	LKG-UKG ₹	I-II ₹	III-V ₹	VI-VIII ₹	IX ₹	X ₹	XI ₹	XII ₹
Tuition Fees (Per Term)	11165	11165	14210	14210	15595	15310	15305	16350	16350
Development Fees (1st Term only)	33655	6500	11095	13025	13525	8900	10400	15500	8300

Fee Payment Details	First Term	Second Term	Third Term
Without Fine	10.04.24	10.08.24	10.11.24
With Fine (Fine per day - Rs.100/-)	11.04.24-30.04.24	11.08.24-31.08.24	11.11.24-30.11.24
Readmission Fee	01.05.24	01.09.24	01.12.24

## FEE PAYMENT RECORD

	First Term	Second Term	Third Term
Date of Fee Payment			
Receipt No.			
Amount			
Parent's Signature			
Teacher's Initials			

\* Parents are requested to fill the above details as and when the payment is made.

### FEE REGULATIONS

1. Name of pupil shall be struck off the rolls if the fee is not paid by the last day of the month. However, a pupil may be re-admitted at the discretion of the Principal on payment of the re-admission fee of ₹ **4000/-** and term fee with fine amount.
2. **Fees once paid shall not be refunded or transferred on any account to the name of another child even if he / she is from the same family.**

### CLASS XI ADMISSION

Students of Sindhi Model Senior Secondary School who have passed the board examination will be given preference for admission depending on the grades and the marks obtained.

The Management reserves the right to refuse/ decline/ cancel any admission at any time without assigning any reason.

## COURSE OF STUDY- CLASS XI & XII

<b>SCIENCE GROUP</b>	English, Mathematics, Physics, Chemistry, Biology/ Computer Science, Information Technology, Mass Media
<b>COMMERCE GROUP WITH MATHEMATICS</b>	English, Applied Mathematics, Economics, Business Studies, Accountancy, Information Technology
<b>COMMERCE GROUP WITH MARKETING</b>	English, Business Studies, Accountancy, Economics, Marketing, Information Technology
<b>INTERNAL SUBJECTS</b> - General Studies, Work Experience, Physical and Health Education	

### Coaching Classes Offered After School

Boys	Cricket	Kho-Kho
	Basket - ball	Table-tennis
	Volley - ball	Athletics
	Badminton	Karate
Girls	Cricket	Kho-Kho
	Basket - ball	Table-tennis
	Volley - ball & Throw-ball	Athletics
	Badminton	Karate

### ISSUE OF TRANSFER CERTIFICATE

1. An application for Transfer Certificate along with ₹ 500/- as Transfer Certificate Fee must be handed over at the office by the parent in person. The application should not be sent through their representatives or the student and the application for TC should be signed by both the parents.
2. As per norms, withdrawals are not permitted except at the end of the year, unless such a withdrawal is warranted by the transfer of the parent or some inevitable circumstance.
3. TC will not be issued to any student unless the parent applies for the same stating valid reasons for withdrawal, with supporting documents like Office Order or off shore deputation or parent's transfer of job.
4. Application of TC should be submitted on or before 20<sup>th</sup> February.
5. In case the application is received after the first term and a child leaves the school during second term or the subsequent term He/She shall pay the fees for all the remaining terms of the Academic Year.
6. TC will be issued only if the parent has cleared all fee dues.



### SPECIMEN SIGNATURE OF PARENT

	<b>Name</b>	<b>Signature in Full</b>	<b>Signature in Short</b>
<b>Father</b>			
<b>Mother</b>			
<b>Guardian</b>			

Seth P. D. Hinduja  
**Sindhi Model Senior Secondary School**  
 Chennai – 600 010.  
**2024-2025**  
**STUDENT'S PROFILE**

Affix Stamp Size Photo
------------------------------

Student's Copy to be retained in the Handbook

Name		
Class & Section		Roll No
Date of Admission		Admission No
Date of Birth		Age
Aadhar Number		Blood Group
EMIS Number		
Allergy/Ailments, if any		
Religion	Caste	Community : MBC <input type="checkbox"/> BC <input type="checkbox"/> OBC <input type="checkbox"/> SC <input type="checkbox"/> ST <input type="checkbox"/> OC <input type="checkbox"/>
Visible Identification Marks (Any two)	1)	2)
Nationality		Mother Tongue
Mode of Transport to School		
Sibling studying in our school		
Particulars	Father	Mother
Name		
Educational Qualification		
Occupation*	Business <input type="checkbox"/> Employed <input type="checkbox"/> Business Name/ Company Name _____	Business <input type="checkbox"/> Employed <input type="checkbox"/> Business Name/ Company Name _____
Office Address and Phone Number		
Designation		
Annual Income		
Mobile No.		
Email		
Residential Address and Phone Number		

\*Kindly provide actual details in the profile

Signature of the Parent/Guardian

29

Signature of the Class Teacher



Seth P. D. Hinduja  
**Sindhi Model Senior Secondary School**  
 Chennai – 600 010.  
**2024-2025**  
**STUDENT'S PROFILE**

Affix Stamp Size Photo
------------------------------

Office Copy

Name		
Class & Section		Roll No
Date of Admission		Admission No
Date of Birth		Age
Aadhar Number		Blood Group
EMIS Number		
Allergy/Ailments, if any		
Religion	Caste	Community : MBC <input type="checkbox"/> BC <input type="checkbox"/> OBC <input type="checkbox"/> SC <input type="checkbox"/> ST <input type="checkbox"/> OC <input type="checkbox"/>
Visible Identification Marks (Any two)	1)	2)
Nationality		Mother Tongue
Mode of Transport to School		
Sibling studying in our school		
Particulars	Father	Mother
Name		
Educational Qualification		
Occupation*	Business <input type="checkbox"/> Employed <input type="checkbox"/> Business Name/ Company Name _____	Business <input type="checkbox"/> Employed <input type="checkbox"/> Business Name/ Company Name _____
Office Address and Phone Number		
Designation		
Annual Income		
Mobile No.		
Email		
Residential Address and Phone Number		

\*Kindly provide actual details in the profile

Signature of the Parent/Guardian

31

Signature of the Class Teacher



Seth P. D. Hinduja  
**Sindhi Model Senior Secondary School**  
 Chennai – 600 010.  
**2024-2025**  
**STUDENT'S PROFILE**

Affix Stamp Size Photo
------------------------------

Teacher's Copy

Name		
Class & Section		Roll No
Date of Admission		Admission No
Date of Birth		Age
Aadhar Number		Blood Group
EMIS Number		
Allergy/Ailments, if any		
Religion	Caste	Community : MBC <input type="checkbox"/> BC <input type="checkbox"/> OBC <input type="checkbox"/> SC <input type="checkbox"/> ST <input type="checkbox"/> OC <input type="checkbox"/>
Visible Identification Marks (Any two)	1)	2)
Nationality		Mother Tongue
Mode of Transport to School		
Sibling studying in our school		
Particulars	Father	Mother
Name		
Educational Qualification		
Occupation*	Business <input type="checkbox"/> Employed <input type="checkbox"/> Business Name/ Company Name _____	Business <input type="checkbox"/> Employed <input type="checkbox"/> Business Name/ Company Name _____
Office Address and Phone Number		
Designation		
Annual Income		
Mobile No.		
Email		
Residential Address and Phone Number		

\*Kindly provide actual details in the profile

\*Please be clear and specific about occupation and Income.

Signature of the Parent/Guardian

33

Signature of the Class Teacher





Seth P. D. Hinduja  
**Sindhi Model Senior Secondary School**

Chennai – 600 010.

1, Damodaran Street, Kellys, Chennai - 600 010.

Phone : 26442454 / 7358729297

E-mail : admin@sindhimodel.in

Website : www.sindhimodel.in

**DECLARATION : 2024-2025**

To  
The Principal  
Seth P.D Hinduja  
Sindhi Model Senior Secondary School  
Chennai - 600010.

Madam,

I have read the contents of the School Hand Book. I agree to abide by the rules and regulations enlisted in it.

Yours faithfully,

---

Signature of the Parent/ Guardian

Name of the Student : \_\_\_\_\_

Class : \_\_\_\_\_ Section: \_\_\_\_\_



Seth P. D. Hinduja  
**Sindhi Model Senior Secondary School**

Chennai – 600 010.

1, Damodaran Street, Kellys, Chennai - 600 010.

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The Principal  
Seth P.D Hinduja  
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Chennai - 600010.

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Yours faithfully,

---

Signature of the Parent/ Guardian

Name of the Student : \_\_\_\_\_

Class : \_\_\_\_\_ Section: \_\_\_\_\_



## Surya Namaskar Steps to Follow:

Surya Namaskar or Sun Salutation is a sequence of 12 powerful yoga poses. Besides being a great cardiovascular workout, Surya Namaskar is also known to have an immensely positive impact on the body and Practicing mind. Surya Namaskar steps is best done early morning on an empty stomach. Each round of Sun Salutation consists of two sets, and each set is composed of 12 yoga poses.

Besides good health, Surya Namaskar also provides an opportunity to express gratitude to the sun for sustaining life on this planet.



Step  
(1) Pranam Asana  
(Prayer pose)



(2) Hasta Uttanasana  
(Raised arms pose)



(3) Padahasta Asana  
(Standing forward pose)



(4) Ashwa Sanchalan  
Asana  
(Lunge pose)



(5) Parvatasana  
(Mountain pose)



(6) Ashtanga Namaskara  
(Eight Limbed Pose)



(7) Bhujangasana  
(Cobra pose)



(8) Parvatasana  
(Mountain pose)



(9) Ashwa Sanchalan  
Asana  
(Lunge pose)



(10) Padahasta Asana  
(Standing forward  
pose)



(11) Hasta Uttanasana  
(Raised arms pose)



(12) Tadasana  
(Prayer pose)

## **WORKING HOURS**

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<b>PRE-KG</b>	9:00 am	-	12:00 pm
<b>LKG</b>	8:30 am	-	12:30 pm
<b>UKG</b>	8:30 am	-	2:00 pm
<b>Classes I and II</b>	8:15 am	-	2:30 pm
<b>Classes III to XII</b>	8:15 am	-	3:10 pm
<b>Recess</b>	10:00 am	-	10:10 am
<b>Lunch Break</b>	12:25 pm	-	1:00 pm
<b>Remedial Classes</b>	3:15 pm	-	4:00 pm

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## IMPORTANT DAYS TO REMEMBER 2024 - 2025

S.NO	DATE	DAY	PARTICULARS
1	21.06.2024	FRIDAY	INTERNATIONAL YOGA DAY
2	11.07.2024	THURSDAY	WORLD POPULATION DAY
3	05.09.2024	THURSDAY	TEACHER'S DAY
4	08.09.2024	SUNDAY	WORLD LITERACY DAY
5	02.10.2024	WEDNESDAY	GANDHI JAYANTI
6	07.10.2024	MONDAY	WORLD HABITAT DAY
7	16.10.2024	WEDNESDAY	WORLD FOOD DAY
8	24.10.2024	THURSDAY	UNITED NATIONS DAY
9	14.11.2024	THURSDAY	CHILDREN'S DAY
10	01.12.2024	SUNDAY	WORLD AIDS DAY
11	10.12.2024	TUESDAY	HUMAN RIGHTS DAY
12	30.01.2025	THURSDAY	MARTYR'S DAY
13	28.02.2025	FRIDAY	NATIONAL SCIENCE DAY
14	08.03.2025	SATURDAY	INTERNATIONAL WOMEN'S DAY
15	15.03.2025	SATURDAY	CONSUMER PROTECTION DAY
16	22.03.2025	SATURDAY	WORLD WATER DAY

## LIST OF HOLIDAYS FOR 2024- 2025

S.NO	DATE	DAY	PARTICULARS
1	09.04.2024	TUESDAY	TELUGU & SINDHI NEW YEAR'S DAY
2	11.04.2024	THURSDAY	RAMZAN
3	14.04.2024	SUNDAY	TAMIL NEW YEAR'S DAY / Dr. AMBEDKAR JAYANTI
4	21.04.2024	SUNDAY	MAHAVEER JAYANTI
5	01.05.2024	WEDNESDAY	MAY DAY
6	17.06.2024	MONDAY	BAKRID
7	17.07.2024	WEDNESDAY	MUHARRAM
8	15.08.2024	THURSDAY	INDEPENDENCE DAY
9	16.08.2024	FRIDAY	VARALAKSHMI VRATAM
10	19.08.2024	MONDAY	RAKSHA BANDHAN
11	26.08.2024	MONDAY	KRISHNA JAYANTI
12	07.09.2024	SATURDAY	GANESH CHATURTHI
13	15.09.2024	SUNDAY	ONAM
14	16.09.2024	MONDAY	MILAD-un-NABI
15	02.10.2024	WEDNESDAY	GANDHI JAYANTI
16	11.10.2024	FRIDAY	AYUDHA POOJA
17	12.10.2024	SATURDAY	VIJAYA DASHAMI
18	31.10.2024	THURSDAY	DIWALI
19	01.11.2024	FRIDAY	DIWALI
20	25.12.2024	WEDNESDAY	CHRISTMAS
21	01.01.2025	WEDNESDAY	NEW YEAR
22	13.01.2025	MONDAY	BHOGI
23	14.01.2025	TUESDAY	PONGAL
24	15.01.2025	WEDNESDAY	THIRUVALLUVAR'S DAY
25	16.01.2025	THURSDAY	UZHAVAR THIRUNAAL
26	26.01.2025	SUNDAY	REPUBLIC DAY
27	11.02.2025	TUESDAY	THAI POOSAM
28	26.02.2025	WEDNESDAY	MAHA SHIVARATRI
29	14.03.2025	FRIDAY	HOLI

# SCHOOL CALENDAR

## APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**No of working Days : 0 + 18 = 18**

### **Holidays**

9 <sup>th</sup> April	Tuesday	Telugu & Sindhi New Year's Day
11 <sup>th</sup> April	Thursday	Ramzan / EID-AL-FITR
14 <sup>th</sup> April	Sunday	Tamil New Year's Day & Dr. Ambedkar Jayanti
21 <sup>st</sup> April	Sunday	Mahaveer Jayanti

### **Days to remember**

4 <sup>th</sup> April	Thursday	School Reopens for Classes KG to IX
8 <sup>th</sup> April	Monday	School Reopens for Pre KG
15 <sup>th</sup> to 25 <sup>th</sup> April		Cycle Test - I for classes X & XII
26 <sup>th</sup> April	Friday	Last Working Day
27 <sup>th</sup> April	Saturday	Summer vacation begins

# MAY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**No of working Days : 0 + 18 = 18**

Summer Vacation

## **Days to remember**

1<sup>st</sup> May

Monday

May Day / Labour day

# JUNE 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**No of working Days : 19 + 18 = 37**

## **Holidays**

17<sup>th</sup> June      Monday      Bakrid

## **Days to remember**

6<sup>th</sup> June      Thursday      School commences after vacation for all classes

19<sup>th</sup> June      Wednesday      National reading day

21<sup>st</sup> June      Friday      International yoga day

24<sup>th</sup> -29<sup>th</sup> June      Cycle Test - I for classes I to IX & XI

Cycle Test - II for classes X & XII

# JULY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**No of working Days : 24 + 37 = 61**

## **Holidays**

17<sup>th</sup> July      Wednesday    Muharram

## **Days to remember**

11<sup>th</sup> July      Thursday      World Population Day

15<sup>th</sup> July      Monday       Kamarajar Birthday Celebration

18<sup>th</sup> -20<sup>th</sup> July      Bagless Days for classes I to VIII

28<sup>th</sup> July      Sunday        World Nature Conservation Day

29<sup>th</sup> -31<sup>st</sup> July      Mid Term - I for classes I to XII

# AUGUST 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**No of working Days : 21 + 61 = 82**

## **Holidays**

15 <sup>th</sup> August	Thursday	Independence Day
16 <sup>th</sup> August	Friday	Varalakshmi Vratam
19 <sup>th</sup> August	Monday	Raksha Bandhan
26 <sup>th</sup> August	Monday	Krishna Jayanti

## **Days to remember**

1 <sup>st</sup> -3 <sup>rd</sup> August	Mid Term I for classes I to XII
---	---------------------------------

# SEPTEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**No of working Days : 23 + 82 = 105**

## **Holidays**

07 <sup>th</sup> September	Saturday	Ganesh Chaturthi
15 <sup>th</sup> September	Sunday	Onam
16 <sup>th</sup> September	Monday	Milad-un-Nabi

## **Days to remember**

01 <sup>st</sup> - 07 <sup>th</sup> September	National Nutrition Week	
05 <sup>th</sup> September	Thursday	Teacher's Day
08 <sup>th</sup> September	Sunday	World Literacy Day
14 <sup>th</sup> September	Saturday	Hindi Diwas
17 <sup>th</sup> September - 1 <sup>st</sup> October	Quarterly Examination for classes I to XII	



# OCTOBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**No of working Days : 16 + 105 = 121**

## **Holidays**

02<sup>nd</sup> October Wednesday Gandhi Jayanti  
 02<sup>nd</sup> - 13<sup>th</sup> October Term-I Holidays  
 11<sup>st</sup> October Friday Ayutha Pooja  
 12<sup>th</sup> October Saturday Vijaya Dashami  
 31<sup>th</sup> October Thursday Diwali

## **Days to remember**

01<sup>st</sup> October Tuesday Last working day for term I  
 03<sup>rd</sup> - 12<sup>th</sup> October Navrathri  
 07<sup>th</sup> October Monday World Habitat Day  
 14<sup>th</sup> October Monday School reopens for all Classes  
 16<sup>th</sup> October Wednesday World Food Day  
 24<sup>th</sup> October Thursday United Nations Day

# NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**No of working Days : 24 + 121 = 145**

## **Holidays**

01<sup>st</sup> November Friday      Diwali

## **Days to remember**

11<sup>th</sup> November      Monday      National Education Day - Awareness Drive

14<sup>th</sup> November      Thursday      Children's Day Celebrations

18<sup>th</sup> -23<sup>rd</sup> November      Mid Term - II for classes I to XII

# DECEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**No of working Days : 17 + 145 = 162**

## **Holidays**

22<sup>nd</sup> December      Sunday      Term-II Holidays begin

25<sup>th</sup> December      Wednesday      Christmas

## **Days to remember**

01<sup>st</sup> December      Sunday      World Aids Day

10<sup>th</sup> December      Tuesday      Human Rights Day

11<sup>th</sup> December      Wednesday      Mahakavi Bharathiyar Birthday

10<sup>th</sup> -21<sup>st</sup> December      Half Yearly Examination for all classes

23<sup>rd</sup> -27<sup>th</sup> December      Special class for classes X & XII  
(Attendance mandatory)

# JANUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**No of working Days : 21 + 162 = 183**

## Holidays

1 <sup>st</sup> January	Wednesday	New Year
13 <sup>th</sup> January	Monday	Bhogi
14 <sup>th</sup> January	Tuesday	Pongal
15 <sup>th</sup> January	Wednesday	Thiruvalluvar's Day
16 <sup>th</sup> January	Thursday	Uzhavar Thirunaal
26 <sup>th</sup> January	Sunday	Republic Day

## Days to remember

2 <sup>nd</sup> January	Thursday	School reopens for all Classes
18 <sup>th</sup> January	Saturday	Tentative date for commencement of Cluster Examination for classes X & XII
30 <sup>th</sup> January	Thursday	Martyr's Day
30 <sup>th</sup> January	Thursday	Mid Term - III commences for classes I to VIII Model Examination for classes IX & XI

# FEBRUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

**No of working Days : 20 + 183 = 203**

## **Holidays**

11<sup>th</sup> February    Tuesday    Thai Poosam

26<sup>th</sup> February    Wednesday    Maha Shivaratri

## **Days to remember**

1<sup>st</sup> -7<sup>th</sup> February    Mid Term - III for classes I to VIII

Model Exam for classes IX & XI

13<sup>th</sup> -24<sup>th</sup> February    Annual Examination for Classes IX & XI

28<sup>th</sup> February    Friday    National Science Day

# MARCH 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**No of working Days : 19 + 203 = 222**

## **Holidays**

14<sup>th</sup> March      Friday      Holi

27<sup>th</sup> -31<sup>st</sup> March      Holidays after Exams

## **Days to remember**

8<sup>th</sup> March      Saturday      International Women's Day

13<sup>th</sup> -26<sup>th</sup> March      Annual Exam for Classes I to VIII

15<sup>th</sup> March      Saturday      Consumer Protection Day

22<sup>nd</sup> March      Saturday      World Water Day

26<sup>th</sup> March      Wednesday      Last Working Day for Classes I to VIII

## LEAVE RECORD

Date	Period of Leave	Reason for Leave	Parent's Initial	Class Teacher's Initial

# OUTPASS RECORD

Day & Date	Reason	Name of Escort	Relationship	Time Out	Office Staff Signature



# LATE ATTENDANCE RECORD

Date	Day	Time of Arrival	Reason	P.E.T's Initials	Parent's Initial

**PARENT-TEACHER MEETING RECORD**

<b>Date</b>	<b>Particulars</b>	<b>Class Teacher's Signature</b>	<b>Coordinator's Signature</b>	<b>Parent's Signature</b>

## REGULARITIES RECORD

Date	Recorded Irregularities	Class Teacher's Signature	Coordinator's Signature	Parent's Signature

## REGULARITIES RECORD

Date	Recorded Irregularities	Class Teacher's Signature	Coordinator's Signature	Parent's Signature

## ACHIEVEMENT RECORD

Date of Participation	Event	Level (Intra School/Inter School/District/State/National/International)	Prize Won	Parent's Signature

**S.P.D.H Sindhi Model Senior Secondary School  
Kellys, Chennai-10.**

**Leave Application Format**

N.B. This Application for Leave must be given in advance and in person. In case of sudden sickness or any untoward incident, an e-mail must be sent to the school followed by a written application. (Medical Certificate and prescription should be produced for sick leave.)

Date:

Name of the Student: .....  
(in BLOCK LETTERS)

Class & Section: .....

Leave required on (Date/Day): .....

Reason: .....  
.....

Leave already taken: .....

Signature

Parent

Class Teacher

Principal

# RECORD OF BOOKS READ

S.NO.	ISSUE DATE	TITLE & AUTHOR NAME	TO BE RETURNED BY	DATE OF RETURN	LIBRARIAN INITIALS

# RECORD OF BOOKS READ

S.NO.	ISSUE DATE	TITLE & AUTHOR NAME	TO BE RETURNED BY	DATE OF RETURN	LIBRARIAN INITIALS



## TEACHER'S REMARK AND PARENT'S RESPONSE

Date :

Date :

Date :

Date :

Date :

## TEACHER'S REMARK AND PARENT'S RESPONSE

Date :

Date :

Date :

Date :

Date :

## TEACHER'S REMARK AND PARENT'S RESPONSE

Date :

Date :

Date :

Date :

Date :

## TEACHER'S REMARK AND PARENT'S RESPONSE

Date :

Date :

Date :

Date :

Date :

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

अपि स्वर्णमयी लंका न मे लक्ष्मण रोचते ।  
जननी जन्मभूमिश्च स्वर्गादपि गरीयसी ॥

# Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Rama says, after winning the war in Lanka- Lakshmana, even though this Lanka is made of gold, still it does not appeal to me. The mother who gave birth to me and my Motherland are dearer and more respected than heaven itself.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

काव्य शास्त्र विनोदेन, कालो गच्छति धीमताम्।  
व्यसनेन च मूर्खाणां, निद्रयाकलहेन वा।।

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

The time of the wise passes by entertainment with arts and sciences, while that of the foolish goes by troubles, sleep, or quarrel.



## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

शतेषु जायते शूरः सहस्रेषु च पण्डितः ।  
वक्ता दशसहस्रेषु दाता भवति वा न वा ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Among a hundred people, only one is brave. Among thousands, only one is highly knowledgeable. Among ten thousand, only one is a good orator. But the people who "give" are very rare.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

संपूर्ण कुम्भो न करोति शब्दं अर्धघटो घोषमुपैति नूनं।  
विद्वान कुलीनो न करोति गर्व गुणैर्विहीनो बहु जल्पयन्ति ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

A completely filled pot does not make sound, whereas a half filled pot makes sound. Likewise, learned and noble people do not speak out of pride, while foolish people without virtues boast about themselves.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

नमन्ति फलिनो वृक्षाः, नमन्ति गुणिनो जनाः।  
शुष्क काष्ठश्च मूर्खश्च, न नमन्ति कदाचन्॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

A fruit-bearing tree always bends in humility, as does a wise man with humble character. But like a dry, barren branch, the unwise never bend with modesty.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

नास्ति विद्या समं चक्षु नास्ति सत्य समं तपः ।  
नास्ति राग समं दुखं नास्ति त्याग समं सुखं ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

There is nothing more important than Knowledge which gives us the right perspective. There is no higher penance than speaking the truth; No sorrow greater than excess attachment; No happiness greater than sacrifice for others.



## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

यस्तु सञ्चरते देशान् सेवते यस्तु पण्डितान् ।  
तस्य विस्तारिता बुद्धिस्तैलबिन्दुरिवाम्भसि ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

The intelligence of a person who travels in different countries and associates with scholars expands just as a drop of oil expands on the surface of water.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

व्यायामात् लभते स्वास्थ्यं दीर्घायुष्यं बलं सुखं ।  
आरोग्यं परमं भाग्यं स्वास्थ्यं सर्वार्थसाधनम् ॥

# Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Exercise results in good health, long life, strength and happiness. Good health is the greatest blessing. Health is a means to everything (If you are healthy, nothing is impossible for you).

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

अपूर्वः कोऽपि कोशोऽयं विद्यते तव भारति ।  
व्ययतो वृद्धिमायाति क्षयमायाति सञ्चयात् ॥

# Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

O Goddess Saraswati, your treasure of knowledge is unique in nature. Knowledge increases when used and decreases if accumulated without sharing.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

समानी व आकूतिः समाना हृदयानि वः।  
समानमस्तु वो मनो यथा वः सुसहासति ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

May your purpose be united, may your feelings be harmonious, may your mind be collected and composed; in the same way as the various aspects of the universe exist in togetherness.



## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

पिबन्ति नद्यः स्वयमेव नाम्भः स्वयं न खादन्ति फलानि वृक्षाः।  
नादन्ति सस्यं खलु वारिवाहाः परोपकाराय सतां विभूतयः॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

The rivers do not drink their own water, trees do not eat their own fruits. Clouds do not eat the crops that they water; similarly, the wealth of good people is for helping others.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

महाजनस्य संसर्गः, कस्य नोन्नतिकारकः।  
पद्मपत्रस्थितं तोयम्, धत्ते मुक्ताफलश्रियम् ॥

# Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

The company of great people is always beneficial; just like a droplet of water on a lotus leaf appears like a pearl.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

स्वभावो नोपदेशेन शक्यते कर्तुमन्यथा।  
सुतप्तमपि पानीयं पुनर्गच्छति शीतताम्॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

It is not possible to change a person's nature by advising alone, as they will revert to their original nature in the end. No matter how heated the water is, it will cool down on its own after some time.

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

ईशा वास्यमिदं सर्वं यत्किञ्च जगत्यां जगत्।  
तेन त्यक्तेन भुञ्जीथा मा गृधः कस्यस्विद्धनम् ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

The entire universe is created by God. Enjoy all of nature as gifts from God, but with a spirit of renunciation. Do not be attached to them and do not covet the wealth of others.



## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

वज्रादपि कठोराणि मृदुनि कुसुमादपि ।  
लोकोत्तराणां चेतांसि को हि विज्ञातुमर्हति ॥

# Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

The minds of extraordinary people are as hard as a thunderbolt and as gentle as a flower. Who in this world is capable of discerning them properly?

## Home Assignment

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

English	
Language	
Mathematics	
Science	
Social Science	
Teacher's Initials	Parent's Initials

यथा चित्तं तथा वाचो यथा वाचस्तथा क्रिया ।  
चित्ते वाचि क्रियायां च साधूनामेकरूपता ॥

# Home Assignment

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

Date \_\_\_\_\_

<b>English</b>	
<b>Language</b>	
<b>Mathematics</b>	
<b>Science</b>	
<b>Social Science</b>	
Teacher's Initials	Parent's Initials

As is the mind, so is the speech; as is the speech, so is the action. Good people have uniformity of mind, speech, and action.

1st Bell : 8.10 am      2nd Bell : 8.15 am

DAY	8.15 - 8.30	8.30 - 9.15	9.15 - 10.00	10.00 - 10.10	10.10 - 10.55	10.55 - 11.40	11.40 - 12.25	12.25 - 1.00	1.00 - 1.45	1.45 - 2.30	2.30 - 3.10
MON	PRAYER			RECESS			LUNCH INTERVAL				
TUE											
WED											
THU											
FRI											

Note : Remedial Classes.

Timings - 3.15pm to 4.00 pm